

APRIL

21  
2018

# Community HEALTH



HEALTHY  
LA + 5K

FAIR

LOCATION: Gregory Family YMCA  
USC-Lancaster

476 Hubbard Drive, Lancaster, SC

FREE community event with activities for the entire family that encourages a healthy lifestyle. Bring your family, pets, baby strollers and experience all the opportunities that Lancaster County residents have to be healthy.

## WALK, ROLL, STROLL INTO HEALTH



Pets Welcome

-- 5K Run/Walk - Registration \$10.00

(T-shirt included)

- Kids Fun 1 Mile Run/Walk -

(Registration Free 12 and under)

Register at

[www.runsignup.com/community5k](http://www.runsignup.com/community5k)

7:30a.m. - Registration/Package Pick-up

8:15a.m. - 5K Event Begins

8:30a.m. - Kids 1 Mile Fun Run Begins

8:00a.m. - 11:00a.m. - Health Fair

(Inside Gregory Family YMCA)

### VENDORS:

CAROLINA THREADTRAIL  
CULTIVATE CHIROPRACTIC  
CURVES  
CVS  
LANCASTER PARKS AND RECREATION  
LANCASTER PAWN & JEWELRY  
LANCASTER SHERIFF'S DEPARTMENT  
LANCASTER SPCA  
LINDSAY PETTUS GREENWAY  
MARY KAY  
MEETING STREET DENTISTRY  
MOBILE PET VET  
MOBLEY DRUGS  
PALMETTO TRI-COUNTY  
PET SENSE  
SOUTHERN STATES  
YMCA  
YOUNG LIVING  
.....AND MANY MORE



Magician

Flower Planting

Build a Healthy Snack Station

Lancaster County Parks and Recreation

Lancaster County Arts Council

Lancaster County Library

Lancaster County Sheriff's Department

Kenaki Karate

Face Painting

FREE Snow Cones

Inflatables

### -FREE SCREENINGS

- Cholesterol/Blood Pressure
- Eye Exams, Hearing Tests
- Gregory Family YMCA Tours
- Healthy Cooking Vendors

Sponsors



J. MARION SIMS  
Foundation

