

Lunch: Summer Food Service July 2014

Monday	Tuesday	Wednesday	Thursday	Friday
30. <i>“ USDA is an Equal Opportunity Provider and Employer”</i>	1.	2.	3.	4.
Chicken fillet on bun 7 Lettuce & tomato ¼ cup Carrot sticks w/ranch dip ½ c. Apple juice 4 oz. Milk ½ pint	Ham & cheese on bun 8 Broccoli florets w/ranch dip ¼ c. Baked potato rounds ½ cup Sliced peaches ½ cup Milk ½ pint	Hamburger on bun 9 Lettuce & tomato ¼ cup Sweet potato fries ½ cup Fresh plums (2) ½ cup Milk ½ pint	Pepperoni Pizza 10 Tossed salad ¼ cup Corn niblets ½ cup Fresh peach (1) Milk ½ pint	No school 11
Chicken nuggets (5) 14 Baked potato rounds ½ cup Green peas ¼ cup Sliced pears ½ cup Whole grain roll Milk ½ pint	Hot dog on bun 15 Baked beans ½ cup Creamy coleslaw ½ cup Pineapple Tidbits ½ cup Milk ½ pint	Spaghetti w/meat sauce 1 cup 16 Tossed salad ½ cup Green limas ¼ cup Applesauce ½ cup Whole grain roll Milk ½ pint	Sausage pizza 17 Tossed salad ¼ cup Sweet potato fries ½ cup Cantaloupe ½ cup Milk ½ pint	No school 18
Chicken fillet on bun 21 Lettuce & tomato ¼ cup Carrot sticks w/ranch dip ½ cup Apple juice 4 oz. Milk ½ pint	Ham & cheese sandwich 22 Broccoli florets w/ranch dip ¼ c. Baked potato rounds ½ cup Sliced peaches ½ cup Milk ½ pint	Hamburger on bun 23 Lettuce & tomato ¼ cup Sweet potato fries ½ cup Fresh plums (2) ½ cup Milk ½ pint	Pepperoni pizza 24 Tossed salad ¼ cup Corn niblets ½ cup Applesauce ½ cup Milk ½ pint	No school 25
Chicken nuggets (5) 28. Baked potato rounds ½ cup Green peas ¼ cup Sliced pears ½ cup Whole grain roll Milk ½ pint	Hot dog on bun 29. Baked beans ½ cup Creamy coleslaw ½ cup Pineapple Tidbits ½ cup Milk ½ pint	Spaghetti w/meat sauce 1 cup 30. Tossed salad ½ cup Green limas ¼ cup Applesauce ½ cup Whole grain roll Milk ½ pint	Sausage pizza 31 Tossed salad ¼ cup Sweet potato fries ½ cup Cantaloupe ½ cup Milk ½ pint	No school

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