

Sunday

Hometown Heroes

Hosts Allison Enfinger & D.J. Pruitt: Vietnam veteran Michael Pridgen on his basic training, his tours of duty in Vietnam & coming home after fighting in Vietnam. **12, 3, 6, 9 a.m./p.m.**

Leaders of Lancaster

Hosts Malik Mackey & Jordan Shrum: Rev. Dr. Victor Wilson of Mt.Zion AME Zion Church on how he prepared himself to be a leader, on the Mt. Zion Summer Enrichment program, on future projects for Lancaster County & with tips on being a leader. **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

Read With Me

Hosts Kaisha Young & Brenda Parker: The hosts read *I Know An Old Lady Who Swallowed a Pie, Look Who's in the Thanksgiving Play, This First Thanksgiving Day, Thanksgiving Mice & Thank You, Thanksgiving*. Clinton Elementary Cynthia Crawford's kindergarten class joined us. **1, 4, 7, 10 a.m./p.m.**

Health Waves

Hosts Aubren Lynn & Allison Enfinger: Counselor Sandy Thompson on depression & services at Catawba Mental Health. Springs Memorial Hospital Sleep Center's Russell Kowalczyk & Trish Gribble on healthy sleeping habits & how they effect depression. Rebound CEO Bruce Melosh & Business Director Annie Fongheiser on Rebound Behavioral Health. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

Great Things Are Happening

Hosts Sequoia Grier & Gene Moore: Architect Jimmy Wilhide & facilities director David Small on the new elementary school being built on Harrisburg Road. Coordinator Ashley Melton on the Sweet Peas program. Discovery School teacher Brittany McManus & management team member Tom McDuffie on Brittany's winning the Celebrate Great Teaching Award for Beginning Teachers. **2, 4, 7, 11 a.m./p.m.**

Rec Room

Hosts Anessia Alexander & Katherine Walters: Rec Department director Hal Hiott on the new Walnut Creek Park. Coordinator Mike Autry on the upcoming season for spring soccer. Coordinator Tommy Martin on the adult basketball league. **2:30, 4:30, 7:30, 11:30 a.m./p.m.**

Monday

LTV Insider

Anchors Arshad Frazier & Emma Higgins & Kyia Hough: Reports on Old Presbyterian Church restoration, smoking ordinance & Lancaster High sports manager Andy Plyler. Reporters Eira Larios Carrasco, Hope Jewett, Keishia Young. **12, 3, 6, 9 a.m./p.m.**

In the Kitchen

Hosts Kenyatta Robertson & Jason Plexico: Clemson Extension Service registered dietitian Angela Forbes with safety tips for tailgating & how to make spinach dip & Tex-Mex two bean chili **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

Creative Kids

Hosts David Platts & Kaisha Young: Andrew Jackson Middle drama teacher Harold Skinner & North fifth grader Greyson Peavy on Community Playhouse's rendition of *To Kill A Mockingbird*. Andrew Jackson High drama teacher Carla Sciaandra & junior Gage Martin on upcoming performance of *The Nutcracker*. Indian Land High chorus teacher Lisa Orum & junior Sydney Gowitcka on honor choir. **1, 4, 7, 10 a.m./p.m.**

Generations

Hosts Montel Frazier & Brandon Newton: County Historical Commission member Brandon Newton on the commission & how it preserves local history & on the return of the Invincibles flag to Lancaster. Mill Hill Memories member Bill Grier on hog killing in the mill hill village. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

Helping Hands

Hosts Kadedra Brown & Jason Plexico: Former director Elaine At-

kins & Ann Blackmon on how to help HOPE. Lancaster Vocational Rehabilitation's Kathleen Allen, Deirdre Catoe & Lacy Mack on the department's services. **2, 5, 8, 11 a.m./p.m.**

In The Flames

Hosts Austin Broome & Sequoia Grier: Gooches Volunteer Fire Department volunteers Sur Bryson Pigg & Matthew Broome on getting started in he fire service. Lt. Pigg, Capt. Terry Ward & Interior Fire Fighter Broome on suiting up to fight fires. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

Tuesday

Sekino-Kim-Gruber Trio Concert

Lancaster County Council of the Arts presents 20th Vivian Major Robinson Concert from the Olde Presbyterian Church Cultural Arts Center featuring pianist Keiko Sekino, violinist Hye-Jin Kim & cellist Emanuel Gruber. **12, 3, 6, 9 a.m./p.m.**

Keys to Safer Dating

Hosts Deborah Boulware & Caleb Keenan: Lancaster High student Jackel Clinton on shooting by his mother's ex-boyfriend that injured Jackel & took his mother's life, on what his mother was like & on his life now. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

Engaging Men

Hosts Robert Thompson & Jason Plexico: Palmetto Citizens Against Sexual Assault child interviewer Margo Dixon on how PCASA helps child victims of domestic violence. Trauma therapist David Kellin on the mental affects of domestic violence and prevention. **2, 5, 8, 11 a.m./p.m.**

LTV Insider

Anchors Arshad Frazier & Emma Higgins & Kyia Hough: Reports on Veteran's Day parade & school programs, Lancaster High basketball players Kyia Hough & Phoebe Johnson signing with colleges, Andrew Jackson Middle football player Coleman Joyner's

touchdown & Coaches' Corner. Reporters Eira Larios Carrasco, Hope Jewett, Keishia Young. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

Wednesday

LTV Insider

Anchors Arshad Frazier, Emma Higgins & Kyia Hough: Reports on Kennedy assassination, the Dianne Mahafee art exhibit, golf cart update & boys basketball team. Reporters Eira Larios Carrasco, Hope Jewett. **12, 3, 6, 9 a.m./p.m.**

Veterans Day Parade & Remembrance

Lancaster honors its veterans with its annual parade & remembrance program. **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

Veterans Programs in Our School

Highlights from Veteran's Day programs at Andrew Jackson Middle, Andrew Jackson High, Indian Land Middle, South Middle, Lancaster High, A.R. Rucker Middle & Discovery School. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

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Talented Teens

Host Arshad Frazier: Lancaster High senior Khayree Whetstone sharing his talent as a singer, active sports player, JROTC cadet and mimic for his church. **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

In the Kitchen

Hosts Jason Plexico & Kenyatta Robertson: Clemson Extension Service registered dietitian Angela Forbes with safety tips for Holiday dinners & how to make Fettuccine Alfredo & Sweet Potato Casserole. **1, 4, 7, 10 a.m./p.m.**

Helping Hands

Hosts Kadedra Brown & Jason Plexico: Seth's Giving Tree Foundation Director Lisa Muenich & Matt Blackwell Foundation Director Jan Blackwell on the foundation. Toys for Tots director Wayne & Shannel Knight on how the community can get involved. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

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In The Locker Room

Hosts Caleb Keenan: Lancaster High swimmer Bryce Blanton on what influenced him to swim, balancing school & sports. Coaches



Korean War veteran Billy Crenshaw receives a service medal from Veterans Affairs director Robin Helms during the Veteran's Day program. Veteran's Day Parade & Ceremony • Wednesday – 12:30, 3:30, 8:30, 9:30 a.m./p.m. & Saturday – 12:30, 3:30, 8:30, 9:30 a.m./p.m.

Medinna Anderson & David Taylor on about their coaching careers. **1, 4, 7, 10 a.m./p.m.**

See Lancaster

Hosts Allison Enfinger & D.J. Pruitt: See Lancaster's Caroline Hastings on Lancaster Christmas Parade. Performing Arts coordinator Jimola Wade Commedia Christmas Carol. See Lancaster's Cherry Doster on business decorating contest. Kershaw Christmas Parade organizer Sheila Hinson on the parade. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

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Dianne Mahafee art exhibit, golf cart update & boys basketball team. Reporters Eira Larios Carrasco, Hope Jewett. Reporters Eira Larios Carrasco, Hope Jewett, Keishia Young. **12, 3, 6, 9 a.m./p.m.**

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Tuesday – LearnTV