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Sunday

What's That Word

Host Jada Brice: Lancaster High student Ahia Monroe & social studies teacher Lee Sinclair face off against Andrew Jackson High student Zack Clyburn & Lancaster High teacher Erin Sims in anagrams, drawing & trivia. 12, 3, 6, 9 a.m./p.m.

Jewels of Distinction

Hosts Hilliary Bailey & Kayla Anderson: Custom Beads owner Linda Lucas makes post earrings with drops 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Adrenaline Rush

Host Sedona Smith: Motorcross track owner Barbara Parrish on how she got her tracks & trails started. Smith learns to ride a dirt bike with the help from trainer Jeremy Price. 1. 4, 7, 10 a.m./p.m.

You Play Like A Girl

Host Mallory Blackmon: USCL's girls soccer coach Nicole Bulinsky on playing college ball & coaching. USC-L soccer & tennis player Morgan Gardner & Lancaster High sophomore soccer player Frances Whitesides on hopes of playing at Division 1 school. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Spirit of Wellness

Host Zhaci Jones: Health educator & author Omileve Achikeobi-Lewis with volunteer Kambry Crump on weight loss & healthy lifestyle through assessment, healthy diet & exercise. 2, 5, 8. 11 a.m./p.m.

Leaders of Lancaster

Host Briana Harris: Children's Home Director Annette Deese on her leadership skills. Youth Build Director Max Melton on what being a leader means to him. Chamber of Commerce President Dean Faile on his outlook as a leader. 2:30, 5:30, 8:30, 11:30 a.m./p.m.

Monday **Bon Appétit**

Hosts Jarell Wade & Emma DeVenny: Lancaster High Culinary Arts teacher Greg Shipston prepares ice cream custard. 12, 3, 6, 9 a.m./p.m.

Teen Healthline

Hosts Raven McGriff & Brandon Newton: Lancaster Eye Clinic's Kimberlee Hughes & Patty Holden on glasses & contacts, eye care & eye diseases. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Great Things Are Happening

Hosts Jorge Velazquez & Dr. Gene Moore: Discovery School teachers Brad McGee & Sarah Trapp on Discover Lancaster Festival. Indian Land teacher Tamara Jacobus & assistant principal David Sweem on Jacobus's Celebrate Great Teaching Award. Japanese intern Saki Aizawa & Discovery School's Marnie Peavey on Saki's work at the school. 1, 4, 7, 10 a.m./p.m.

Greek

Hosts Aliya Byrd & Betty Gilliam: Sorority president Anita Watts, first vice president Patt Rucker & charter member Doris Hood on history of Delta Sigma Theta sorority & coming events. Jabberwock pageant winners Layla Rucker & Kionna Houze on how & why they did the pageant. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Kids Beat

Host Ashley Kennington: McDonald Green Elementary chorus teacher Keith Sellers & his chorus group on beats. The Steel Drum band demonstrates beats & the chorus shows importance of the beat in songs. 2, 5, 8, 11 a.m./p.m.

Read With Me

Hosts Emma DeVenny & Brenda Parker: The hosts read The Cat in the Hat, Gerald McBoing Boing, Oh, the Think You

Can Think & Horton Hatches the Egg. Brooklyn Springs Elementary Teresa Simmons' first grade class join hosts. 2:30, 5:30, 8:30, 11:30 a.m./p.m.

Tuesday

Baby Talk

Hosts Ke'Ahshia Foster & Tianac Massey: Springs Memorial nurse Micheal Ann Crenshaw on birth defects & preparing for the delivery room. 12, 3, 6, 9 a.m./p.m.

Generations

Hosts Emily Fitzpatrick & Bobby Collins: Lancaster Native Rev. Fred Small on his book Destiny By Design, a memoir of growing up in Rich Hill & Elgin, of his military service & of his life as minister after service. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Get Fit Teens

Host Ariana Stephens: South Middle teacher Kim Perry on eating disorders & healthy snacks & with Zumba demonstration with South Middle students Brianna Sullivan, Leianna Gladden, Ol'andra Hood & Jace Revels. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Future Soldiers

Hosts Tianac Massev & Stephen Killingsworth: National Guard's Sgt. Jerry Palme & Kristen Grier on serving in the Guard. 2, 5, 8, 11 a.m./p.m.

Living With

Hosts Sindarious Wells & Emily Fitzpatrick: Lancaster Resident Dwight Barrio on dealing with car accident that almost took his life. 2:30, 5:30, 8:30, 11:30 a.m./p.m.

Wednesday

The Playbook Hosts Chario Henson & Hammond

Knight: Andrew Jackson football coach David Moore, Buford football coach Mike Wells, Indian Land coach HINA

Andrew Jackson coach David Moore give an analyst od last week's game and a preview of this week's game with hosts Chareo Hinson and Hammmond Knight.

Learn more on The Playbook - Wednesday & Thursday: 12, 4, 8 a.m./p.m.

Mike Mayer & Lancaster coach Bennie McMurrav recoach Bennie McMurray cap last week's games & preview this week's games. 12, 4, 8 a.m./p.m.

High School Football Andrew Jackson vs. Lewisville

Announcers Chario Henson & Hammond Knight: Andrew Jackson vs. Lewisville. 1, 5, 9 a.m./p.m.

Fridav

Back To School

Hosts Alyia Byrd & Superintendent Gene Moore: LearnTV intern Cory Hudson on lipdub by district employees. Instructional services director Jonathan Phipps & executive

director Lydia Quinn on this year's opening meeting & this year's Celebrate Great Teaching Award winners. Safety director Bryan Vaughn & student services director Kathy Durbin on new safety procedures. 12, 3, 6, 9 a.m./p.m. **High School Volleyball**

Buford vs. Lancaster Announcer Jorge Velazquez: Bu-

ford vs. Lancaster. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Viva Lancaster

Hosts Marybeth Campos & Diana Cabrera: ESL coordinator Crystal Fields on ESL Program. Carenet's Stacy Wright on medical help the center of-

fers. Los Mariachis restaurant owner Fernando Marin on his business & his goals. 2, 5, 8, 11 a.m./p.m.

Saturday

High School Football Andrew Jackson

vs. Lancaster

Announcer Mac Thompson: Andrew Jackson vs. Lancaster. 12, 6 a.m./p.m.

High School Football Andrew Jackson vs. Lewisville

Announcers Chario Henson & Hammond Knight: Andrew Jackson vs. Lewisville. 3, 9 a.m./p.m.

recap last week's games & preview this week's games. 12, 4, 8 a.m./p.m.

High School Football Andrew Jackson

vs. Lancaster Announcer Mac Thompson: Andrew Jackson vs. Lancaster. 1, 5, 9 a.m./p.m.

Thursday

The Playbook Host Chario Henson & Hammond

Knight: Andrew Jackson foot-

ball coach David Moore,

Buford football coach Mike

Wells, Indian Land coach

Mike Mayer & Lancaster