

Sunday

What's That Word

Host Jada Brice: Lancaster High student Ahja Monroe & social studies teacher Lee Sinclair face off against Andrew Jackson High student Zack Clyburn & Lancaster High teacher Erin Sims in analogs, drawing & trivia. 12, 3, 6, 9 a.m./p.m.

Jewels of Distinction

Hosts Hilliary Baile & Kayla Anderson: Custom Beads owner Linda Lucas makes post earrings with drops 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Adrenaline Rush

Host Sedona Smith: Motorcross track owner Barbara Parrish on how she got her tracks & trails started. Smith learns to ride a dirt bike with the help from trainer Jeremy Price. 1, 4, 7, 10 a.m./p.m.

You Play Like A Girl

Host Mallory Blackmon: USCL's girls soccer coach Nicole Bulinsky on playing college ball & coaching. USC-L soccer & tennis player Morgan Gardner & Lancaster High sophomore soccer player Frances Whitesides on hopes of playing at Division 1 school. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Spirit of Wellness

Host Zhaci Jones: Health educator & author Omil- eye Achikeobi-Lewis with volunteer Kambry Crump on weight loss & healthy lifestyle through assesment, healthy diet & exercise. 2, 5, 8, 11 a.m./p.m.

Leaders of Lancaster

Host Briana Harris: Children's Home Director Annette Deese on her leadership skills. Youth Build Director Max Melton on what being a leader means to him. Chamber of Commerce President Dean Faile on his outlook as a leader. 2:30, 5:30, 8:30, 11:30 a.m./p.m.

Monday

Bon Appétit

Hosts Jarell Wade & Emma DeVenny: Lancaster High Culinary Arts teacher Greg Shipston prepares ice cream custard. 12, 3, 6, 9 a.m./p.m.

Teen Healthline

Hosts Raven McGriff & Brandon Newton: Lancaster Eye Clinic's Kimberlee Hughes & Patty Holden on glasses & contacts, eye care & eye diseases. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Great Things Are Happening

Hosts Jorge Velazquez & Dr. Gene Moore: Discovery School teachers Brad McGee & Sarah Trapp on Discover Lancaster Festival. Indian Land teacher Tamara Jacobus & assistant principal David Sweem on Jacobus's Celebrate Great Teaching Award. Japanese intern Saki Aizawa & Discovery School's Marnie Peavey on Saki's work at the school. 1, 4, 7, 10 a.m./p.m.

Greek

Hosts Aliya Byrd & Betty Gilliam: Sorority president Anita Watts, first vice president Patt Rucker & charter member Doris Hood on history of Delta Sigma Theta sorority & coming events. Jabberwock pageant winners Layla Rucker & Kionna Houze on how & why they did the pageant. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Kids Beat

Host Ashley Kennington: McDonald Green Elementary chorus teacher Keith Sellers & his chorus group on beats. The Steel Drum band demonstrates beats & the chorus shows importance of the beat in songs. 2, 5, 8, 11 a.m./p.m.

Read With Me

Hosts Emma DeVenny & Brenda Parker: The hosts read *The Cat in the Hat*, *Gerald McBoing Boing*, *Oh, the Think You*

Can Think & Horton Hatches the Egg. Brooklyn Springs Elementary Teresa Simmons' first grade class join hosts. 2:30, 5:30, 8:30, 11:30 a.m./p.m.

Tuesday

Partners for Youth

Host Tarah Tipton: Organizers Kathy Wilds, Chris Bundrick & Brooke Wilds on SK Race for Literacy. Steele Hill AME Summer Literacy Camp director Fred Witherspoon on the camp. Communities in Schools director Max Melton, & Habitat executive director Nita Brown on Habitat & Youth Build joining to build house. 12, 3, 6, 9 a.m./p.m.

Finish the Dream

Host Alyia Byrd: Fatherhood project director Tyrom Faulkner & Program Coordinator/Nurse Deborah Boulware on African Americans drug usage myths. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Police Perspectives

Hosts Corey Hudson & Kee Kee Truesdale: Officer Justin Hegler & Schools Safety Director Bryan Vaughn on school resource officers. Lancaster High teacher Debbie Rowell on the law enforcement classes offered. Officer Jodi Sims on her career in law enforcement. 1, 4, 7, 10 a.m./p.m.

Adrenalin Rush

Host Tarah Tipton: Skydive Carolina general manager James La Barrie & instructor Steve Vaughn on skydiving & the facility. The host skydives after a training class. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Viva Lancaster

Hosts Marybeth Campos & Diana Cabrera: ESL coordinator Crystal Fields on ESL Program. Carenet's Stacy Wright on medical help the center offers. Los Mariachis restaurant owner Fernando Marin on his business & his goals. 2, 5, 8, 11 a.m./p.m.

Wednesday

Baby Talk

Hosts Ke'Ashia Foster & Tianac Massey: Springs Memorial nurse Micheal Ann Crenshaw on birth defects & preparing for the delivery room. 12, 3, 6, 9 a.m./p.m.

Generations

Hosts Emily Fitzpatrick & Bobby Collins: Lancaster Native Rev. Fred Small on his book *Destiny By Design*, a memoir of growing up in Rich Hill & Elgin, of his military service & of his life as minister after service. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Get Fit Teens

Host Ariana Stephens: South Middle teacher Kim Perry on eating disorders & healthy snacks & with Zumba demonstration with South Middle students Brianna Sullivan, Leianna Gladden, Ol'andra Hood & Jace Revels. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Future Soldiers

Hosts Tianac Massey & Stephen Killingsworth: National Guard's Sgt. Jerry Palme & Kristen Grier on serving in the Guard. 2, 5, 8, 11 a.m./p.m.

Living With

Hosts Sindarious Wells & Emily Fitzpatrick: Lancaster Resident Dwight Barrio on dealing with car accident that almost took his life. 2:30, 5:30, 8:30, 11:30 a.m./p.m.

Thursday

Cheerleading 101

Hosts KeeKee Truesdale & Allison Meadows: Coach & owner of Tumble & Roll Christy Tucker & students Hannah McAlister & Taylor Park on cheerleading & how to tumble. 12, 3, 6, 9 a.m./p.m.

Good Behavior Game

Hosts Tarnisha Thompson & Jonah Crenshaw: Behavior coach La'Monica Blair, Brooklyn



Viva Lancaster hosts Diana Cabera and Marybeth Campos learn about the school district ESL program from coordinator Crystal Fields.

Tuesday: 2, 5, 6, 11 a.m./p.m.

Friday

Capital City Brass Quartette

Lancaster County Council of the Arts presents 16th Vivian Major Robinson Concert from Kilburnie. Quintet members Doug Leadbitter (trumpet), Jason Ortiz (trumpet), Holly Beeson, (horn), Greg Abraham (trombone) & Allen Kaiser (tuba) perform chamber. 12, 3, 6, 9 a.m./p.m.

Sports Legends

Hosts Bobby Parker & Brandon Reece: Former Buford players Robert Parker, Jerry Funderburk & Don Knight on 1954 basketball team's playing for state championship. 2, 5, 8, 11 a.m./p.m.

Springs 1st grade teacher Rena Cunningham & Clinton teacher 2nd Sydnie Shaw on teaching kids good behavior. 12:30, 3:30, 6:30, 9:30 a.m./p.m.

Tech Today

Host Scott Bryant: Technician Chris Carpenter on tablets, wireless printers & non-gaming on Xbox Kinect. 1, 4, 7, 10 a.m./p.m.

Health Waves

Hosts Kee Kee Truesdale & Dalton Bradley: Dr. Trey Knight on hospital clinics. 1:30, 4:30, 7:30, 10:30 a.m./p.m.

Living With

Host LaChandra Jasekson: Chandler & Sabrina Leonard on Chandlers life before, during & after Chandler's brain trauma injury. 2, 5, 8, 11 a.m./p.m.

Saturday

Concerts

Lancaster High Spring Band Concert

Directed by Lancaster High band instructor John Rhodes. 12, 3, 6, 9 a.m./p.m.

Andrew Jackson High Spring Band Concert

Directed by Andrew Jackson High band instructor Scot McGuire. 1, 4, 7, 10 a.m./p.m.

Andrew Jackson High Spring Chorus Concert

Directed by Andrew Jackson High chorus instructor Liz Eargle. 2, 5, 8, 11 a.m./p.m.