

Sunday

Senior Times

Host Jordan Shrum: Shrum travels with Senior Circle to Hendersonville to interview director Lisa Roddey on Senior Circle trips, general manager Richard Crandall on Mast General Store, owner Michael Cole on McFarlan Bake Shop & owner Matthew Rogers on Three Chopt Sandwich Shop. **12, 3, 6, 9 a.m./p.m.**

Helping Hands

Hosts Kadedra Brown & Jason Plexico: Coordinator Jackie Hicks on Lancaster High Prom Promise. Director Stephanie Smith on *Relay for Life* & Lancaster High senior James Richardson on his battle with cancer. **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

Read With Me

Hosts Dajah Douglas & Brenda Parker: The hosts read Janet Stoeke's *Minerva Louise & the Colorful Eggs*, Lorna Balian's *Humbug Rabbit*, Laura Norton's *Peter Cottontail & the Great Mitten Hunt*. Our friends from Erwin Elementary Ashley Price's kindergarten join us. **1, 4, 7, 10 a.m./p.m.**

Rec Room

Hosts Beth Stevenson & Kavonta Strain: Coordinator Jeanie Reid on Summer Day Camp. Coordinator Lisa McManus on after-school program. Coordinator Teresa Willis on rec facilities rentals. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

Health Waves

Hosts Aubren Lynn & Allison Enfinger. Counselor Sandy Thompson on depression & services at Catawba Mental Health. Springs Memorial Hospital Sleep Center's Russell Kowalczyk

& Trish Gribble on healthy sleeping habits. Rebound CEO Bruce Melosh & Business Director Annie Fongheiser on Rebound Behavioral Health. **2, 5, 8, 11**

In The Flames

Hosts Austin Broome & Sequoia Grier: Antioch Volunteer Fire Department Assistant Chief Eric Flynn & Interior Fire-fighter Preston Davis on getting started, on the station & on how Antioch's squad truck and brush truck help firefighters complete their mission. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

Monday

Memorial Service honoring Town Marshall John McManus

MC Capt. Paul Smith: **12, 4, 8 a.m./p.m.**

All-County Elementary Choral Festival Concert

Choral students from district's elementary schools perform concert led by clinician Steve Roddy, Houston Children's Choir. **1:07, 5:07, 9:07 a.m./p.m.**

All-County Middle Choral Festival Concert

Choral students from district's elementary schools perform concert led by clinician Velita Jones, Tanglewood Middle teacher. **1:30, 5:30, 9:30 a.m./p.m.**

Living With ...

Hosts Lyric Drakeford & Donna Hercek: Lexington father Jon Humphrey on dealing with the death of his son - Jonathan Humphrey - what their life was like before his death, how it affects his family now, & the programs father is involved in to help families

like his & to bring awareness to drinking & driving. **2, 6, 10 a.m./p.m.**

Helping Hands

Hosts Beth Stevenson & Ra'Sontai Watson: Director Stephanie White on Red Cross history. Director Chris Simeral on how to volunteer & Director Cricker Harper on trips for Red Cross. **3, 7, 11 a.m./p.m.**

Hometown Heroes

Hosts Jason Dobbins & Kyia Hough: Korean War veteran Gene Wallace on his basic training, his tours of duty & coming home after fighting in Korea. **3:30, 7:30, 11:30 a.m./p.m.**

Tuesday

HSS on LearnTV

Announcer Jorge Velazquez: Andrew Jackson vs. Indian Land boys & girls varsity soccer. **12, 3, 6, 9 a.m./p.m.**

Wednesday

Leaving Town

Hosts Arshad Frazier & Som-o Janyakul: Lancaster High Korean exchange student Ji Hwang on how she prepared to come to US, what her experience has been like, what Korean Culture is like & what going home will like. **12, 3, 6, 9 a.m./p.m.**

Police Perspectives

Hosts Tiara Benson & Peyton Brumfield: Deputy Glen Reames on tips you're stopped by law enforcement. Captain Jeff Hilton on modifications to squad cars. Deputy Brad Whitesides on traffic violations. **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

Hot Rods

Host Jordan Nichols: Mechanic James Nichols on jacking up car safely, removing brake pads & installing brake pads. **1, 4, 7, 10 a.m./p.m.**

Truth

Host Daja Cunningham: Lancaster High senior Aliyah Davis on her life before she had baby, what having her baby was like & her life now. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

In the Kitchen

Hosts Dajah Cunningham & Jason Dobbins. Clemson nutritionist Angela Forbes on how to prepare healthy Tuscon Pork Lion & Red Potato Salad. **2, 5, 8, 11 a.m./p.m.**

Serving Our Vets

Hosts Caleb Keenan & Alexis Johnson: Director Sally Sharon on LARS & how it helps veterans. Veterans Affairs assistant director Beth Rafaldt on compensation claims. Veteran Kevin Waiters on his service in Marines. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

Friday

Baby Talk

Hosts Carrie Marshall & Ra'Sontai Watson: Springs Memorial nurse Micheal Ann Crenshaw on what types of bottles to use, what to do when your child is teething & food to keep baby's teeth healthy. **12, 3, 6, 9 a.m./p.m.**

Nurture Your Child

Hosts Tiara Benson & Linda Blackwell: School district food service director Angela McCrorey on foods & nutrients expectant mothers need & nutrition infants needs. Blackwell on reading activities to build infant's brain power. **12:30, 3:30, 6:30, 9:30 a.m./p.m.**

Dream Big. Dream College

Host Reggie Lowery & Quay Reid: Lancaster High seniors CC Brown, Alexis Johnson & Dee Lynn on how Gear Up helped them choose their



Hosts Dajah Douglas & Brenda Parker read Easter books with Erwin Elementary teacher Ashley Price's kindergarten class on *Read with Me*.

Read With Me – Sunday: **1, 4, 7, 10 a.m./p.m.** & Friday – **3, 7, 11 a.m./p.m.**

colleges, on their Gear Up experience & on Gear Up activities they found most helpful. **1, 4, 7, 10 a.m./p.m.**

Lifeline

Hosts Chris Catone & Sequoia Grier: EMS compliance officer Stacey Chapman on how EMS procedures for responding to calls, on bloodborne pathogen precautions & on her EMS career. **1:30, 4:30, 7:30, 10:30 a.m./p.m.**

Keys to Safer Dating

Hosts DJ Pruitt & Lexi Vernon: Counselor David Kellin on mental abuse, on Project Red Shoes & on right & wrong way to handle explosive situation with a significant other. **2, 5, 8, 11 a.m./p.m.**

Engaging Men

Hosts Jason Plexico & Robert Thompson: Palmetto Citizens Against Sexual Assault child interviewers Robert Thompson & Sarah Woodring on how PCASA helps victims

of domestic violence. Rev. AnThony Pelham on Powerhouse partnership with PCASA. **2:30, 5:30, 8:30, 11:30 a.m./p.m.**

Thursday

Principals Choice Awards

Host Bobby Bailey: Principals recognize students for outstanding citizenship. Performances by district's elementary, middle & high honors choruses. Sponsors Founders Federal Credit Union, TRIO & USCL **12, 4, 8 a.m./p.m.**

Great Things Happening

Hosts Sequoia Grier & Gene Moore: Director Robert Thompson on Max Ops. Adviser Miranda Langley on Peer Leadership. Coach Kim Baldwin & Kelsey Starnes & Alyssa Hinson on Heath Springs Elementary LEGO Robotic Team. **2:30, 6:30, 10:30 a.m./p.m.**

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The Hunt

Hosts Quay Reid & Brooke Penegar: Game warden James Plemmons on turkey hunting rules & regulations. Plemmons & turkey hunter Bobby Abernathy with tips on having a successful turkey hunt. Plemmons on why he became a game warden & what being a game warden is like. **3:30, 7:30, 11:30 a.m./p.m.**

Saturday

HSS on LearnTV

Announcer Jorge Velazquez: Indian Land vs. Lancaster boys & girls varsity soccer. **12, 8 a.m./p.m.**

• Andrew Jackson vs. Buford boys varsity soccer. **4, 5:30 a.m./p.m.**