

## What we teach

# Health & Safety K-5

Our district's elementary curriculum is designed to make learning engaging, wholistic and meaningful.

◆ The South Carolina College and Career Ready Standards provide the foundation for the work in each subject area

◆ The South Carolina standards in each subject area are available on the South Carolina Department of Education website.

**Click here** for the Health & Safety standards <https://ed.sc.gov/instruction/standards-learning/>

◆ For family-friendly standards-for language arts, math, science, social studies and the arts,

**Click here** <http://www.scfriendlystandards.org/elementary.htm>

**T**he goal of instruction in health and safety is to enable students to make personal choices that will have immediate and long-term benefits.

- ✓ Health and safety instruction is designed to enable students to
  - develop decision-making skills;
  - practice individual responsibility for one's health; and
  - develop and demonstrate health-related skills, attitudes, and practices.
- ✓ Health and safety standards encompass the six major content areas:
  - personal health and wellness;
  - nutritional choices;
  - mental health;
  - preventing injuries;
  - family living; and
  - alcohol, tobacco and other drug use.
- ✓ Health and safety are infused both formally and informally throughout the elementary curriculum and school setting.