



## Holiday Gatherings

- **Celebrating outside is a safer choice.** COVID-19 spreads more easily indoors than outdoors. Additionally, studies show that people are more likely to be exposed to COVID-19 when they are closer than 6 feet apart from others for longer periods of time

### You are more likely to be exposed to COVID-19 when you:

- Attend crowded, poorly ventilated indoor events
- Have close contact with infected people at home

### You are less likely to be exposed to COVID-19 when you:

- Attend outdoor activities
- Stay at least 6 feet apart
- Limit the amount of time spent with people who don't live with you

### Follow these tips when attending gatherings:

- If you have symptoms or have tested positive in the last 10 days, or have been exposed to COVID-19 and told to quarantine in the last 14 days, do not attend holiday gatherings
- If you are at increased risk for severe illness, or live with someone who is, you should not attend large gatherings
- Choose outside events and stay at least 6 feet from others
- Wear a mask indoors and around others, and in crowded outdoor settings, regardless of your vaccination status
- Wash or sanitize your hands and limit contact with shared items

## Holiday Travel

Delay travel until you are fully vaccinated. If you are not fully vaccinated and must travel, follow these tips:

- Before you travel:
  - Get tested with a viral test 1-3 days before your trip.
- While you are traveling:
  - Wear a mask in public.
  - Practice physical distancing with those you are not traveling with.
  - Travel with, and consistently use, hand sanitizer.
  - Avoid touching the eyes, nose and mouth.
- After you travel:
  - Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel. If you don't get tested, stay home and self-quarantine for 10 days after travel.
  - Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
  - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms

### Get Vaccinated Before the Holiday Season

If you have questions about the vaccine, you should reach out to a health care provider to get the facts you need to make a decision.

<https://scdhec.gov/covid19/holiday-tips-covid-19>

